

Mesa Farm Summer Week-long Riding Program 2010

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For ages 8-14

Session 1: Week of July 5 - 9	9:00 AM to 12:30 PM
Session 2: Week of August 2 - 6	9:00 AM to 12:30 PM
Session 3: Week of August 16 - 20	9:00 AM to 12:30 PM

Possible additional week: August 23 - 27: 9:00 AM to 12:30 PM

Each morning will consist of interactive vaulting, independent riding, an educational session on horsemanship, and a work project. We'll also include some farm-based education with some of the other livestock and crops here at Mesa Farm. I'll have up to ten students each week and my staff will include several young adults who will help provide plenty of supervision of all activities. Each day will also include special emphasis on a specific horsemanship discipline. The tentative schedule is:

Monday: "Vaults Up?" An introduction to interactive vaulting through barrel work and on a horse will take place. Interactive vaulting is a group activity where individuals perform gymnastic positions on a specially trained and controlled horse.

Tuesday: *The English Language*". An introduction to English riding (Equipment and equitation).

Wednesday: "Westward HO". An introduction to Western riding (Equipment and equitation).

Thursday: "Drive you Crazy". An introduction to driving horses.

Friday: "Trick or Treat". An introduction to horse psychology and training of tricks.

No prior horse experience required to participate.

Cost: \$200 per week-long session. Participants will be limited to one session.

Registration: A down payment of \$50 along with registration form and liability waiver (if I don't have one for the participant on file) required to hold a spot. Call or email to determine class availability.

Optional pre-class morning activity:

8:35 AM devotions: At Mesa Farm we're interested in promoting holistic youth development (hence the farm work project). If you would like your child to participate in a short Christian devotion prior to each morning's session, bring her or him at 8:30. They will be over by 8:45 AM and your child can then wait with our staff for the rest of the class participants to arrive for the 9:00 o'clock program beginning. Please let Dale know if your child plans to participate.

Questions: Call or email Dale at the contact info at the top of this page.